

UMRA UNewsletter

A Communication of the University of Minnesota Retirees Association

SEPTEMBER 2012

Former Chief Justice, Eric Magnuson, to speak at first luncheon of fall, September 25

Mark your calendars for UMRA's first fall meeting on Tuesday, September 25.

That day, former Chief Justice Eric Magnuson will be speaking about the Minnesota Supreme Court and state politics.

Magnuson served as the 21st Chief Justice of the Minnesota Supreme Court from 2008 to 2010. Currently practicing mostly ap-



pellate law and business litigation with the law firm Briggs and Morgan in Minneapolis, he recently has been active in legal cases on legislative redistricting.

While serving as Chief Justice, Magnuson repeatedly had the public eye for his role on the three-member State Canvassing Board charged with resolving and certifying the outcome of the Senate race between Norm Coleman and Al Franken. He also made news when, on May 5, 2010, he authored the Minnesota Supreme Court's 4 to 3 decision, ruling that then-governor Tim Pawlenty had overstepped his authority when he rescinded funding passed by the Minnesota Legislature. This ruling was perhaps further notable in that Pawlenty was Magnuson's former law partner.

Magnuson graduated from the University of Minnesota and then from William Mitchell College of Law cum laude. He is the founding president of the Eighth Circuit Bar

Association and a fellow and past president of the American Academy of Appellate Lawyers. In his more than 30 years of practice, Magnuson has developed a strong presence in appellate law. He regularly speaks on technology and appeals, including electronic filing for appellate courts.

He is listed in *Chambers USA* and is recognized as a "Litigation Star" in *Benchmark Litigation: Appellate*. He has been selected continuously by his peers for inclusion in *Best Lawyers in America*, and has been recognized in the *Annual Guide to Appellate Law in America*. Repeatedly listed in *Minnesota Super Lawyers*, he was recognized as one of the designation's top 10 in 2007, before joining the Minnesota Supreme Court. He also was noted as one of the state's top 25 appellate lawyers in 2005; and in 2000, Eric was honored as an "Attorney of the Year" by *Minnesota Lawyer*.

Join us in September for a most interesting conversation about law and politics.

— Ron Anderson, UMRA President

Plan to attend "Living Well" workshop following the luncheon

UMRA's second "Living Well in Later Life" workshop will follow the luncheon from 1:30 to 2:30 p.m. on September 25. This workshop's theme is "Self-Caregiving" featuring a panel of three experts: Eric Storlie on mindfulness meditation, Dave Wark on self-hypnosis while alert, and Ron Anderson on slogan meditation. See page 3 for more information.

UNIVERSITY OF MINNESOTA

SEPTEMBER
LUNCHEON MEETING

Tuesday, September 25, 2012
11:30 a.m. – 1:30 p.m.

Featured Speaker

Eric Magnuson, attorney and former Chief Justice, Minnesota
"The Court and State Politics"

Location

Conference Room ABC,
Campus Club, Fourth Floor,
Coffman Memorial Union,
East Bank Campus, U of M

Menu

Curried Turkey Salad with
Chutney Dressing on Mixed
Greens, or Vegetarian by request

Reservations Are Required

Deadline: Thursday, September 20

Options: Prepayment of \$14 per person; \$16 at door for reservations not prepaid. Annual prepay-ers must also make reservations.

To reserve your place(s), prepay with a check payable to UMRA; and send to UMRA Reservations, c/o Judy Leahy Grimes, 1937 Palace Ave., St. Paul MN 55105-1728

Or, contact her before the deadline at 651-698-4387; e-mail: Jleahy4654@aol.com.

Please honor the reservation deadline date; if cancellations are necessary, please call by Sept. 20.

Parking

Parking is available in the East River Road Garage, with UMRA's membership discount coupons—\$6 for the entire day.

UMRA NEWSLETTER

FROM THE PRESIDENT

I began my 12-month term at the banquet in May with a five-minute speech. And I began my speech with a political joke, which didn't work. So, then I said: "As the Great Charlie Brown once said: "The trouble with political jokes is that very often they get elected." That got a good laugh. In my opinion, one good joke out of two is not a bad track record. That, too, is my philosophy for serving at the helm of UMRA. During my term, I am going to promote a lot of new ideas and projects, and if only half of them take hold, the record will be a success.

In my inaugural speech, I went on to describe what we will try to accomplish this year. Here is the list:

- First, UMRA members will do things together more. Elderhood can be a time of loneliness, but we can mitigate that. We are going to reach out to each other more with cheer teams and the formation of clubs around common interests.
- UMRA now has a workshop series called "Living Well in Later Life." We will draw upon specialists in caregiving and other challenges in later life. (The next workshop is September 25; the topic is "Self-caregiving." Plan on participating in these workshops. They are free, and parking is "free" if you are already here for the luncheon using the UMRA \$6-parking coupon.)
- We will launch a campaign to integrate retirees more completely into the University communities. Already, we have made great strides in this initiative. On August 23, we held a retreat with 27 UMRA officers and other key people, including Provost Karen Hanson.

After a delightful and highly civil hour-long discussion together, she agreed to write a letter declaring her support for better use of retirees as a resource, with an eye towards a Retiree Center, as a high priority initiative for the University. With this commitment, it will be easier for us to get funding (both internal and external) to continue the planning process. Presumably, this planning will include gathering data both from retirees as well as key University administrators. You will hear more about this in next month's newsletter and a report will be on our website soon.

- Because we cannot move forward well unless we understand our past, we are interested in launching an UMRA history project. If you would like to join in setting up this project, please contact me or any member of the board.
- During this coming year we want to add an awards program so that retirees will get better recognition and respect for what we do for the greater good.
- And, we want to have some parties this year. If anyone is willing to have a Halloween party in their party room, just let us know. We got started with a gala this summer on Lake Minnetonka for the UMRA board.

I have a lot of good ideas, but unless at least a few UMRA members are also enthusiastic about an idea, we'll just set it aside and go on to other creative ideas for enhancing UMRA. Please help this year by sharing your ideas for UMRA and then helping along the way.

—Ron Anderson, UMRA President (rea@umn.edu)

Become the founder of another new special interest group for UMRA members

In recent years, UMRA members have launched two very successful special interest groups. One was the photography club, now coordinated by Vic Bloomfield, which meets monthly in a variety of locations. The other is a small book discussion group, coordinated by Pat Tollefson and others, which meets at the 1666 Coffman building in Roseville.

Participants have found these groups entertaining and educational, as well as a great way to form new friendships.

In the interest of starting several more Special Interest Groups, we are proposing some possibilities:

- (1) Book club for members in Minneapolis
- (2) Writing club for those interested in writing memoirs or non-technical short stories and books.

- (3) Birding club for those who share a love of bird watching
- (4) History of UMRA study and writing group
- (5) Study group directed toward Improving Higher Education in Minnesota
- (6) Research support group (especially for those who seek mutual assistance in working with PDGR grants)

Times and dates of meetings will be set by those interested. If you get in on the ground floor, you can shape what the group does. Do you have more ideas?

If you are interested in participating in any of these groups, or have other suggestions, please get in touch with Ron Anderson (rea@umn.edu) or Julie Medbery (jmedbery@comcast.net). The UMRA newsletter and website will assist you in communicating with members of similar interests.

Workshop focuses on “Caring for Ourselves”

Three retirees will present the “Living Well in Later Life” workshop on September 25. Each panelist will feature one approach to “taking care of yourself” no matter what else you may be doing, including caregiving for others. The approaches featured are mindfulness meditation, slogan meditation, and self-hypnosis while alert.

The panelists are Erik Storlie, Meditation-Based Stress Reduction (MBSR) instructor at the U’s Center for Spirituality and Healing; Ron Anderson (UMRA President), drawing from the book *Aging as a Spiritual Practice* by Lewis Richmond; and David Wark, professor emeritus of psychology, UMF, who still manages a clinical practice using techniques such as self-hypnosis while alert.

The workshops are held from 1:30 to 2:30 p.m. after the UMRA luncheon, in the same room. Each presenter will speak and conduct an exercise. Then, participants will divide into small groups around tables for about 15 minutes to get better acquainted, to discuss thoughts stimulated by the presentations, and to prepare questions for the speaker. After the small group discussion, each table will offer questions and comments for the speakers.

“Changing of the Guard” on the Board

UMRA’s 12-person Board of Directors starts out the new year with two new members: Vandora Linck and Victor Bloomfield. We welcome them. Please use them to channel your thoughts to the Board.

Vandora Linck, known to her friends as Van, lives in St. Paul and has been a member since 1994. You can reach her by email at avlinck@q.com. Her husband, Al, was president of UMRA from 1997-98. Although Al left the U of M for a job as provost at Colorado State from 1984-94, their love for Minnesota brought them back here for retirement.

Victor (Vic) Bloomfield needs no introduction to many of us because he is the head of the UMRA Photography Club, and he has published dozens of books of photographs. Before he retired, he was associate vice president for Public Engagement and professor of Biochemistry, Molecular Biology, and Biophysics. (See his profile story on page 5.)

Van and Vic replace Jane Starr and John (Kim) Munholland who both had served the Board actively for three years. Both were cheerful and active board members, and we will miss them. Kim will continue to serve UMRA as liaison to the Campus Club and as a member of the grants committee. They both received UMRA’s outstanding service awards at the annual meeting in May.

— Ron Anderson, UMRA President

Charter members honored at May meeting

In 1978, exactly 34 years ago, UMRA became a separate organization apart from the Campus Club. Four of our current members first joined UMRA in 1978, making them charter or founding members. At the May banquet, we honored them with not only a free lunch but also a plaque engraved: “Certificate of Loyalty and Longevity” for 34 years of UMRA membership.

Two of the charter members honored were Laura and Walter Broughton. Walter was director of the Navy ROTC program and professor of Naval Science. Laura and Walter’s son



and grandson, Walter III and Walter IV, were there to share the day, as was Walter V, who was just born last January. It was very special to meet the whole family, and un-

doubtedly, this is the first time in history that four generations of a family had attended an UMRA event together.

The third charter member honored was Frances Paulu (in photo below, right). Mrs. Paulu was executive director of the Minnesota International Center.

She and her husband spent four months at Moscow University where they were the first American teachers of mass communications.

Frances’ husband, Burton, was a member of the UMRA Board of Directors, 1980 to 1982.



Dorothy Guilford (left) was the fourth charter member celebrat-

ed. She and Frances have been friends for many, many years. In fact, I discovered on the web that they are listed on the MyLife Social Network. Don’t ever say you are too old to do social networking on the web. Dorothy Guilford was in the Department of Social Work before she retired. She and Frances have been active in the U of Minnesota Women’s Club together, as well as in UMRA.

— Ron Anderson, UMRA President

Retiree Encores

We knew retirees were active, but we wanted and needed data on just how active. So your new president, Ron Anderson initiated a web survey (conducted from August 24-27) designed to reach out to UMRA members for information. "It was an attempt to document retiree accomplishments," Ron said, "especially service to the U of Minnesota."

The self-reports have been collected and will be posted on UMRA's website. The following is a sample of returns. In September, the UMRA Board will decide whether to continue such surveys and compilations on a periodic basis.

Awards

David Wark: Ernest R. Hilgard Award for the Best Paper on a Historical Topic on Hypnosis, from the American Society of Clinical Hypnosis

Kim Munholland: UMRA's service award, May 2012

Frederic Steinhauser: Saint Anthony Park's "Spirit of the Park Award" for more than 50 years of community service

Harlan Hansen, at the fall NAECTE conference, received recognition for his work 38 years ago in singlehandedly starting the *Journal of Early Childhood Teacher Educators*.

Josef Mestenhauer: U of M has initiated a lecture series in his name on Internationalization of Higher Education.

Ron Anderson: the William F. Ogburn Lifetime Achievement Award from the Communication and Information Technology section of the American Sociological Association, August

Publications (and Creative Exhibitions)

Barbara P. Heinemann: chapter in *Fashion and Art*, Adam Geczy and Vicki Karaminas, editors. Berg: London, New York

David Wark: (2011) "Traditional and Alert Hypnosis for Education: A Literature Review," *American Journal of Clinical Hypnosis*, 54 (2) (See awards.)

Dwight Burkhardt: Zebra Fish Inner Retina: Local signals for spatial position, luminance, and color contrast; *Visual Neuroscience*; FirstView Article / August 2012

Elizabeth Belfiore: *Socrates' Daimonic Art: Love for Wisdom in Four Platonic Dialogues*; Cambridge Univ. Press, 2012

Faith M. Clover: exhibit at the Minnesota School of Botanical Art, Bakken Museum. Painting in the Eloise Butler Wildflower Garden Florilegium

Frederic Steinhauser: Saint Anthony Park Community Study

George Rapp (Rip Rapp): four items in press. See UMRA website for titles and details. Also, articles in three encyclopedias and a co-authored book [in Chinese] published in China.

Gerald M. Siegel: collection of short stories: *You Shoulda Been There*. (Book available at the U Bookstore)

Harlan Hansen: Book - *16 Ways to Fix (or we'll never fix) Public Education*, 2012, Amazon.com and Amazon Kindle

Hy Berman participated in the Humphrey Institute symposium prior to unveiling of HHH statue at the State Capitol; also appeared on TPT-TV, Almanac's "Hidden History" segment.

Josef Mestenhauer: Book *Reflections on the Past, Present and Future of Internationalizing Higher Education*, published by the

U's Office of Global Programs and Strategic Alliance

Kim Munholland: "Psycharis, Father and Son: A Generation at Odds," in *Modern Greek Studies Yearbook*, vol. 22/23

Margaret Jordan: Self-published volumes from a project, "A Newspaper Index of Names Having Local Interest" from newspapers published in Richland Center, Wisc. 1855-1900. In the DAR Library in Washington D.C. and in the Wisconsin Historical Society Library, Madison, Wisc. See www.tc.umn.edu/~jorda014/

Paul Rosenblatt: 2012 articles— "The Concept of Complicated Grief: Lessons from other cultures," in M. Stroebe, H. Schut, and J. van den Bout (Eds.); "Complicated Grief: Scientific foundations for health professionals," New York: Routledge. Also, "One interviewer versus several: Modernist and post-modernist perspectives in qualitative family interviewing," *Journal of Family Theory and Review*, 4.

Ron Anderson: "Caring Capital Websites," *Information, Communication and Society*, 15, 4 (2012).

Major Contributions to the U of M community

Barbara P. Heinemann: working with Gloria Williams on an intellectual biography of Joanne B. Eicher; working with two faculty in the College of Design on an exhibition, "Redesigning, Redefining Fashion," scheduled for January to March 2013 for the Goldstein Museum of Design.

David Wark sponsored two graduate students for summer training in hypnosis.

Dwight Burkhardt: neurological research on zebra fish inner retina Elizabeth Belfiore continues to advise graduate students.

Gayle Graham Yates served on the board of the Friends of the University of Minnesota Libraries and for a Ph.D. exam for the School of Journalism.

Harlan Hansen taught the summer session course, "Classroom Management and Discipline in the Elementary School," to teachers for the 14th summer of his 16-year "retirement."

Hy Berman served on a special committee to plan the Centennial Celebration of the Faculty Senate.

Kim Munholland, since retirement, taught courses for the University through Life Learning and Study Abroad. Spring semester 2012 he taught a freshman seminar on "The History of Paris from the French Revolution to the Present" for History/CLA. He continues to serve on Ph.D. exam committees (2 in the past year) and write letters of recommendation.

Rodney Loper attended Benefits Advisory Committee meetings and serves on a subcommittee to review BC/BS retiree rates for coming year.

Roger H. Stuewer attended meetings of Program Committee of the Vienna International Summer University, AAPT Publications Committee and History and Philosophy of Physics Committee. He will attend Committee on the Interests of Senior Physicists in Philadelphia, September 2012, and deliver several keynote lectures this fall.

Paul Rosenblatt: Advising 5 doctoral students, serving on the committees of 15 other grad students, mentoring other students informally. Consulting with assorted U of M colleagues on research and/or teaching, and collaborating with a U of M colleague on a book manuscript.

NOTE: More details on the results of this survey report and additional section on volunteering in the community appear on the UMRA website in the "Activities Section."

Let it be said: University retirees are an active bunch!

Retirement: A time for “Encore Careers” — Meet Vic Bloomfield

Victor Bloomfield had a distinguished academic career with much of his research focusing on the biophysics of DNA. In retirement he is developing a distinguished photographic career that builds on his lifelong interest in the visual arts.

In a recent conversation with Craig Swan, Vic talked about his approach to photography:



Vic’s “serious” camera is the new Olympus OM-D E-M5, but he also carries in his pocket a Panasonic Lumix ZS15 that enables him to take photos on the spur of the moment. He notes, “The best camera is the one you have with you.”

When asked how he takes so many wonderful pictures, Vic quoted Jay Maisel, the great pioneer of urban color photography: “Photograph things you haven’t seen before...A photograph should have light, color, and gesture.”

Vic went on to say, “The more important issue is to take photography seriously. Get in the habit of taking pictures. Think of yourself as an artist, like a painter who carries a sketchpad. Think up projects—photograph your neighborhood, or your grandkids, or a park, or still lifes—but aim for quality images.”

A number of Vic’s stunning pictures come from his worldwide travels with his wife Elsa Shapiro. After returning home, Vic culls relentlessly and shows less than 10 percent of the pictures he has taken.

Vic has completed two University-based projects: “Places of Learning and Discovery,” a collection of striking pictures, one from every building on the Twin Cities campus, and “Behind the Scenes,” a photographic essay of the operations that make the University run, e.g., energy, construction, and waste management.

“Behind the Scenes” will show at the Campus Club beginning next month, and “Studio Sessions,” environmental portraits of Twin Cities artists from the 1970s, will exhibit at the newly reopened Minnesota Museum of American Art in St. Paul’s Lowertown, April 25 to June 30, 2013.

You can see a sample of Vic’s pictures at his photo blog, <http://blog.lib.umn.edu/victor/hereandthere>, where he posts pictures every month, or preview his photo books at www.blurb.com/user/store/victorb. Or — come to a meeting of the UMRA Photo Club.

Fall UMRA Luncheon Speakers and Workshops

Oct. 23, 2012: Luncheon — Charles Schultz, professor and head, Department of Psychiatry, University of Minnesota, will talk about coordinating the U of Minnesota partnership with Norway on brain research.

Workshop — At 1:30 p.m. Alexander (Al) Levitan, M.D., director of URVC, will give a workshop on “Stories of Volunteering in Later Life.”

Nov 27, 2012: Luncheon — Kathryn Pearson, associate professor of Political Science, U of Minnesota, will give us a “Political Postmortem of the 2012 Elections.”

Workshop — At 1:30 p.m. a panel of poets led by Michael Dennis Browne will present a workshop on “Poetry to Flourish in Later Life.”

UMRA invites retirees to apply for grants as PDGR program begins fifth year

UMRA’s highly successful and distinctive Professional Development Grants for Retirees (PDGR) program will initiate its fifth cycle this fall, working as before with staff from the Office of the Vice President of Research. As in past years, the Call for Proposals will be distributed in October to UMRA members and the larger retiree communities of the Twin Cities and coordinate campuses. The deadline for submissions will be in mid-December.

The committee invites UMRA members to consider applying for a grant and to help publicize the program among friends and colleagues who will have retired by July 2013.

Full information about the program and previous awards is available on the UMRA website at www.umn.edu/umra. While the application process this year will be similar to that of previous years, some new features will be added. These will be clear in the Call for Proposals, cycle five.

Further information will be provided in the October issue of the UMRA Newsletter.

— Judd Sheridan, chair, UMRA PDGR Committee

In Remembrance

We report the passing of UMRA members as we learn of losses to our UMRA community. Our condolences to the family and friends of:

Roger S. Johnson, Acct. Rec. Services, P&A, died March 16, 2012. His wife, Marilyn E. Johnson, continues as an UMRA member.

Van D. Mueller, Ed. P&A, Faculty, died March 8, 2012. His wife, Mildred I. Mueller, is a member.

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 E-mail _____
 Other Info _____

Welcome new members to UMRA

Please give a hearty welcome to new members who have recently joined UMRA, and add them to your 2011-13 UMRA Directory.

- Rockne Bergman; ASR-Financial Aid, Civil Service
 456 Morgan Ave S., Minneapolis, MN 55405
 763-807-0332; r-berg@umn.edu
- David P. Douglas; CEHD, Civil Service
 117 Mackubin Street, #8, St. Paul, MN 55102
 651-227-0584; David8.douglas@gmail.com
- David R. Guay; College of Pharmacy, Faculty
 13174 Inglewood Avenue, Savage, MN 55378
 952-894-5507; guayx001@umn.edu
- William H. Hanson and Marsh Dale; Philosophy, Faculty
 6833 W 82nd St., Bloomington, MN 55438-1264
 952-829-0847; whanson@umn.edu
- Michael Herron; Pediatrics, Civil Service
 1106 Ryan Ave. E., Maplewood, MN 55109
 651-765-2896; 612-624-0438; herro002@umn.edu
- Marilyn Joseph and Warren Regelman;
 Boynton Health Service, P & A
 3 Sandpiper Lane, North Oaks, MN 55127-6310
 651-482-1172; 612-625-5187; josep002@umn.edu
- Moira A. Keane and Thomas L. Romens; OVPR-Human
 Research Protection Program, P&A

- 670 Mississippi River Blvd S., St. Paul, MN 55116
 651-698-1451; keane002@umn.edu
- Harvey B. and Cheryl A. Keynes; Mathematics, Faculty
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- Larry L. Kinney; ECE/CSE, Faculty
 1463 Glacier Lane NE, Fridley, MN 55421-1330
 763-571-4526; kinney@umn.edu
- David and Carol Lee; Anatomy/Bequest Program, P&A
 9613 13th Avenue S., Bloomington, MN 55425-2511
 952-888-9214; leexx007@umn.edu
- Kathleen A. O'Brien and Jeffrey H. Loesch;
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