

STUDENT SUCCESS STUDENT EXPERIENCE

U of MN Retirees Association (UMRA)

November 28, 2023



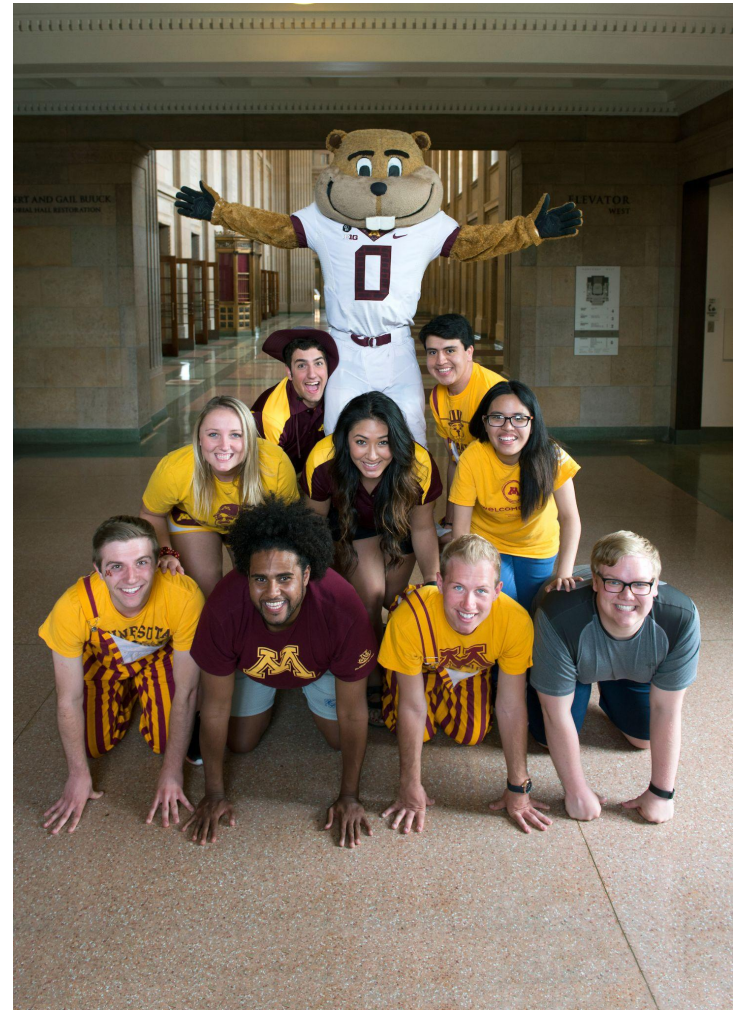
STUDENT AFFAIRS


UNIVERSITY OF MINNESOTA

Driven to Discover®

WELCOME and INTRODUCTIONS

- Calvin Phillips,
Vice President for
Student Affairs
- Maggie Towle, Sr.
Associate Vice President
and Co-Chair,
President's Initiative on
Student Mental Health
(PRISMH)





2023-24

Demographics of our Students

DEMOGRAPHICS of our STUDENTS

Undergraduate Student Profile 2023-24

In 2023

30,469

undergraduate students were enrolled
at the University of Minnesota

22,157 continuing undergraduate students

6,736 new first-year students

1,576 new external transfer students



53.8%
female students



45.9%
male students



1 in **4**

undergrads is the first in
their family to attend college

**actual = 24.6%*

21.4%

of undergrad students
are Pell Grant Recipients



33.4%
of students
identify as BIPOC

DEMOGRAPHICS of our STUDENTS

First Year Student Profile 2023-24

39,863

first-year student applications



6,736

first-year students
enrolled



53.6%

female students



46.2%

male students



1 in 4

first-year students is the first in
their family to attend college

**actual = 24.7%*



22.8 %

of first-year students are
Pell Grant Recipients



65.9%

Minnesota
Residents



14.8%

Reciprocity
State Residents



11.6%

Out-of-State
Non-Reciprocity



7.7%

International
Students

36.6%

of first-year students
identify as BIPOC



TELL US ABOUT YOURSELF (TUAY) SURVEY

TRANSITION TO COLLEGE

TOPICS OF CONCERN

43.4%

are concerned with academic coursework (doing well in class, workload)

42.2%

have financial concerns (paying tuition, financial aid, managing money)

35.9%

are concerned with registration for courses

32.9%

are concerned with mental health (stress management, emotional health, anxiety, and depression)

30.2%

are concerned with getting adequate sleep

29%

are concerned with making new friends and meeting people

- **27.3%** developing skills (i.e., studying & time management)
- **27.2%** living situation
- **24.5%** concerned with deciding on a major
- **23.8%** eating nutritiously
- **21.4%** being safe in campus
- **20.3%** finding a job while in school
- **19.9%** navigating campus resources

(COMBINES VERY CONCERNED AND CONCERNED ON A 5 POINT SCALE)

OTHER TOPICS

(COMBINES VERY LIKELY AND LIKELY ON A 5 POINT SCALE)

89.2%

are likely/very likely to earn at least a 'B' average

79.5%

are likely/very likely to communicate regularly with professors

72.1%

are likely/very likely to have an internship

53.1%

are likely/very likely to participate in research

46.9%

are likely/very likely to participate in a study abroad program

45.4%

are likely/very likely to seek personal counseling



Undergraduate Student Employment Trends

UNDERGRADUATE SERU DATA

Paid Employment On Campus

Paid Employment On Campus						
	2015		2018		2022	
	Frequency	Valid Percent	Frequency	Valid Percent	Frequency	Valid Percent
0 Hours/week	3,854	60.6	4,925	59.4	4,648	64.6
1 - 10 Hours/week	1,212	19.1	1,764	21.3	1,512	21.0
11 - 20 Hours/week	1,024	16.1	1,325	16.0	874	12.2
21 or more hours/week	265	4.2	274	3.3	159	2.2
Total	6,355	100.0	8,288	100.0	7,193	100.0

UNDERGRADUATE SERU DATA

Paid Employment Off Campus


Paid Employment Off Campus						
	2015		2018		2022	
	Frequency	Valid Percent	Frequency	Valid Percent	Frequency	Valid Percent
0 Hours/week	3,938	62.5	5,144	62.5	4,225	59.4
1 - 10 Hours/week	805	12.8	1,078	13.1	1,111	15.6
11 - 20 Hours/week	867	13.8	1,152	14.0	1,081	15.2
21 or more hours/week	693	11.0	858	10.4	697	9.8
Total	6,303	100.0	8,232	100.0	7,114	100.0

UNDERGRADUATE SERU DATA

Post Graduation Plans

Which of the following best represents your primary plans after graduation? (Select only one)

	2015		2018		2022	
	Frequency	Percent	Frequency	Percent	Frequency	Percent
Enroll in graduate or professional school	2,245	35.7	2,750	34.2	2,550	34.6
Work full-time	2,779	44.1	3,602	44.8	3,211	43.6
Work part-time	66	1.0	62	0.8	100	1.4
Be self-employed or start my own	66	1.0	72	0.9	118	1.6
Study or work abroad	193	3.1	219	2.7	181	2.5
Serve in the armed forces	42	0.7	46	0.6	29	0.4
Do a paid internship	173	2.7	243	3.0	227	3.1
Do an unpaid internship/volunteer	59	0.9	49	0.6	16	0.2
Take a year off	146	2.3	231	2.9	202	2.7
Do something else	43	0.7	42	0.5	27	0.4
I have no idea at this point	450	7.1	681	8.5	664	9.0
Other	34	0.5	43	0.5	44	0.6
Total	6,296	100.0	8,040	100.0	7,369	100.0

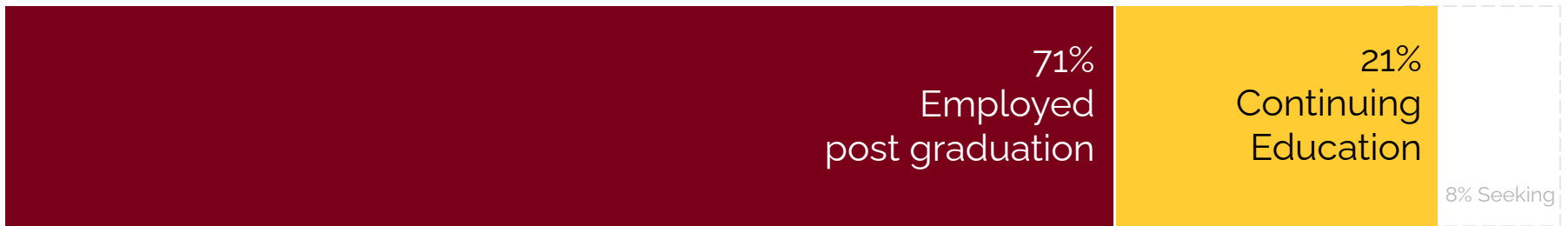


U of M Student Outcomes Post-Graduation

GRADUATE OUTCOMES SURVEY

93%

U of M Graduates Employed or Continuing Education
Breakdown of Graduates



GRADUATE OUTCOMES SURVEY

Top Ten Employers of U of M Graduates



UNIVERSITY
OF MINNESOTA



TARGET

Fairview
HEALTH SERVICES



Medtronic

3M

UNITEDHEALTH GROUP®

Boston
Scientific

**BEST
BUY**

Optum

GRADUATE OUTCOMES SURVEY

Top Education Institutions Graduates are Attending



University of Minnesota



University of Wisconsin-Madison



Normandale Community College



Mayo Clinic College of Medicine & Science



Mitchell Hamline School of Law



Columbia University



Northwestern Health Sciences University



University of St Thomas



Century College



Johns Hopkins University

GRADUATE OUTCOMES SURVEY

Top Ten Career Fields of U of M Graduates

Healthcare/Health Services | 174 | 9.8%

Finance | 29 | 7.3%

Marketing | 119 | 6.7%

Consulting | 101 | 5.7%

Accounting/Auditing | 95 | 5.3%

Analytics | 76 | 4.3%

Information Technology | 73 | 4.1%

Research | 67 | 3.8%

Operations | 64 | 3.6%

Sales | 64 | 3.6%



Student Wellbeing and Mental Health



Student Wellbeing Institutional Support Survey (SWISS) 2021

Student Wellbeing Institutional Support Survey (SWISS)

Student rankings agreeing or strongly agreeing that UMTC provides adequate campus resources (highest scores):

1. Access to reliable internet 90%
2. Exercise or fitness facilities 87%
3. Health services for physical health needs 82%

Student rankings agreeing or strongly agreeing that UMTC provides adequate campus resources (lowest scores):

1. Affordable housing 37%
2. Dining options that are affordable 47%
3. Dining options that meet dietary needs 52%

Student Wellbeing Institutional Support Survey (SWISS)

Students agreed or strongly agreed with knowing where to go if they are:

1. Worried about their physical health 80%
2. Worried about their mental Health 79%
3. Interested in joining a student club or organization 74%

Students expressed very much or quite a bit to these contributors to stress:

1. Academic concerns 71%
2. Mental health concerns 60%
3. Financial concerns 45%; family member concerns 45%

Student Wellbeing Institutional Support Survey (SWISS)

Students agreed or strongly agreed that UMTC encourages them:

1. Graduate from the institution 95%
2. Set meaningful academic goals 88%
3. Connecting coursework to experiences outside the UMTC 78%; explore a variety of academic interests 78%

Where students are seeking more support (better financial literacy) students expressed that the UMTC provides adequate resources for:

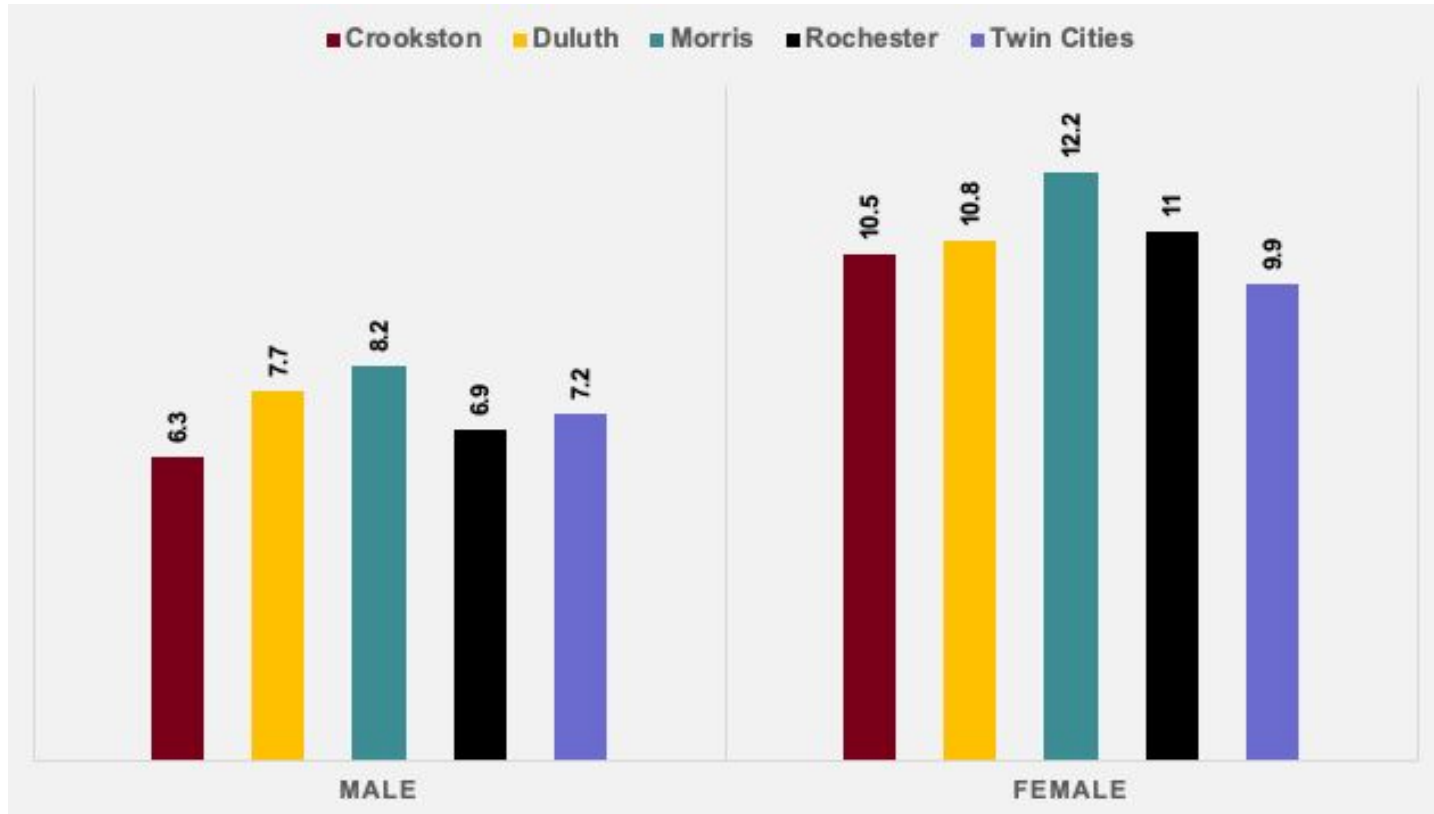
1. Saving and investing money 30%
2. Salaries and wages 37%
3. Paying bills 37%



College Student Health Survey 2021

COLLEGE STUDENT HEALTH SURVEY

Average Days of Poor Mental Health per Month



Source: College Student Health Survey 2021

COLLEGE STUDENT HEALTH SURVEY

Types of Mental Health Stressors

- Roommate conflict
- Death of someone close
- Termination of personal relationship
- Serious physical illness of someone close
- Parental conflict
- Excessive debt other than credit card
- Failing a class
- Diagnosed with mental illness
- Spouse/partner conflict
- Lack of health care coverage
- Put on academic probation
- Getting married
- Issues related to sexual orientation
- Diagnosed with serious physical illness
- Fired or laid off from job
- Attempted suicide
- Arrested
- Bankruptcy

Source: College Student Health Survey 2021

COLLEGE STUDENT HEALTH SURVEY

Reported Number of Mental Health Stressors

	Survey participants (Percent)		
	Zero	1-2 Stressors	3 or more stressors
Crookston	31.3	45.2	23.5
Duluth	32.3	39.5	28.2
Morris	32.3	35.7	32.0
Rochester	27.2	40.2	32.6
Twin Cities	35.3	40.1	24.6

Source: College Student Health Survey 2021

PRESIDENT'S INITIATIVE FOR STUDENT MENTAL HEALTH (PRISMH)



Mental Health Landscape

The need to address and support student mental health is critically important in a time when mental health conditions among college students are at alarming levels and rising.

PRESIDENT'S INITIATIVE FOR STUDENT MENTAL HEALTH (PRISMH)

Charge

In alignment with MPact 2025, the program was charged to establish and/or improve services, programs, policies, and academic practices that position the University of Minnesota as a national leader in the ecosystem of mental health focused in these areas:

- Prevention/Upstream Efforts
- Research, Allyship, and Early Detection
- Services and Treatment
- Communications

PRESIDENT'S INITIATIVE FOR STUDENT MENTAL HEALTH (PRISMH)

Program Outcomes - Year Two of Three

- Launched seed grants and faculty/staff trainings to support student mental health; MyU tab
- Supported the “From Cultural Mismatch to Cultural Health” conference
- Conducted campus visits



PRESIDENT'S INITIATIVE FOR STUDENT MENTAL HEALTH (PRISMH)

In Progress - Year Three

- Mental Health Front Door and Health Campaign
- Systemwide Telemental Health Proposal
- Expansion of the Mental Health Advocates Initiative
- Additional Training Videos
- Exploring “Wellness Navigator” positions
- Transitioning ownership to the Office for Student Affairs



PET AWAY WORRY AND STRESS (PAWS)

11,000+

Visits annually
since 2013



100+

Human + animal teams
support PAWS annually



4

Days per week
throughout the
academic year



9 out of 10

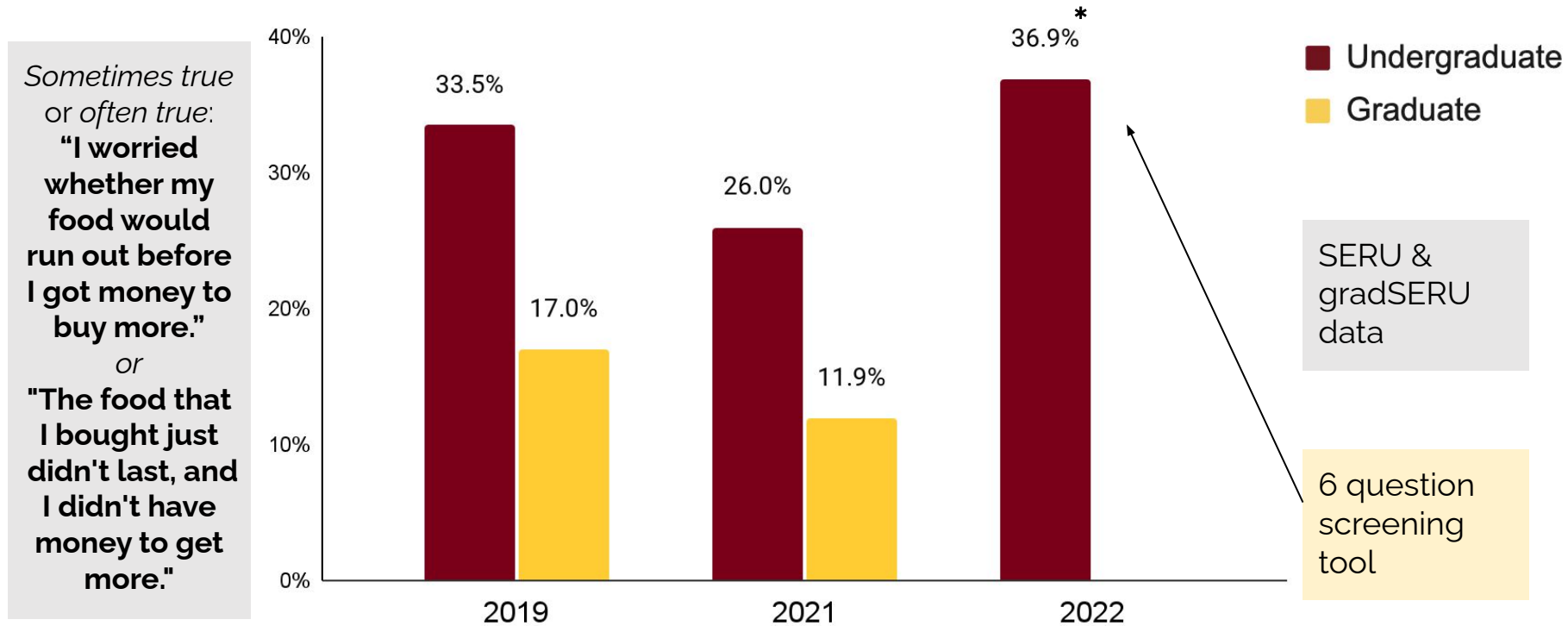
students agreed
PAWS helped them
manage their stress





Student Basic Needs

Food Insecurity at the U of M Twin Cities



| Basic Needs Strategic Plan: Recommendations

Support students in **increasing their access to funding**, where possible & appropriate

Support students in **decreasing their living expenses**, where possible & appropriate

Develop an approach to funding and staffing that allows for **expansion of discounted and no-cost food offerings** for students who need these resources

Discounted/No Cost Food Programs

- [Nutritious U Food Pantry](#)
- Additional Food Resources include SNAP benefit outreach, free meals from Second Harvest, St. Paul campus mobile food shelf
- Program events are listed in the calendar feature
 - Students and staff can subscribe to the calendar to easily pull up details on their phone or computer



Nutritious U Food Pantry

- Measuring success
 - Among food insecure students who visited the pantry in 2022-23:
 - **75%** had enough food the month they visit
 - **95%** experienced less stress around food access
- Students served
 - 2022-2023 academic year
 - 1 event/month (each 3 days long)
 - Served about **1,3000 students/month**
 - Sept 2023
 - 2 events/month, (each 2 days long)
 - Served **877 students at 1st event**





Strategic University Priorities 2023-24

UNIVERSITY PRIORITIES

Sustain

- Maintain momentum on MPact 2025
- Meet/listen to tribal communities
- Promote a sense of systemness in operations and programs

Advance

- Enrich approach to DEI
- Collective bargaining process with graduate students
- Exploring physical needs of all campuses

Restore

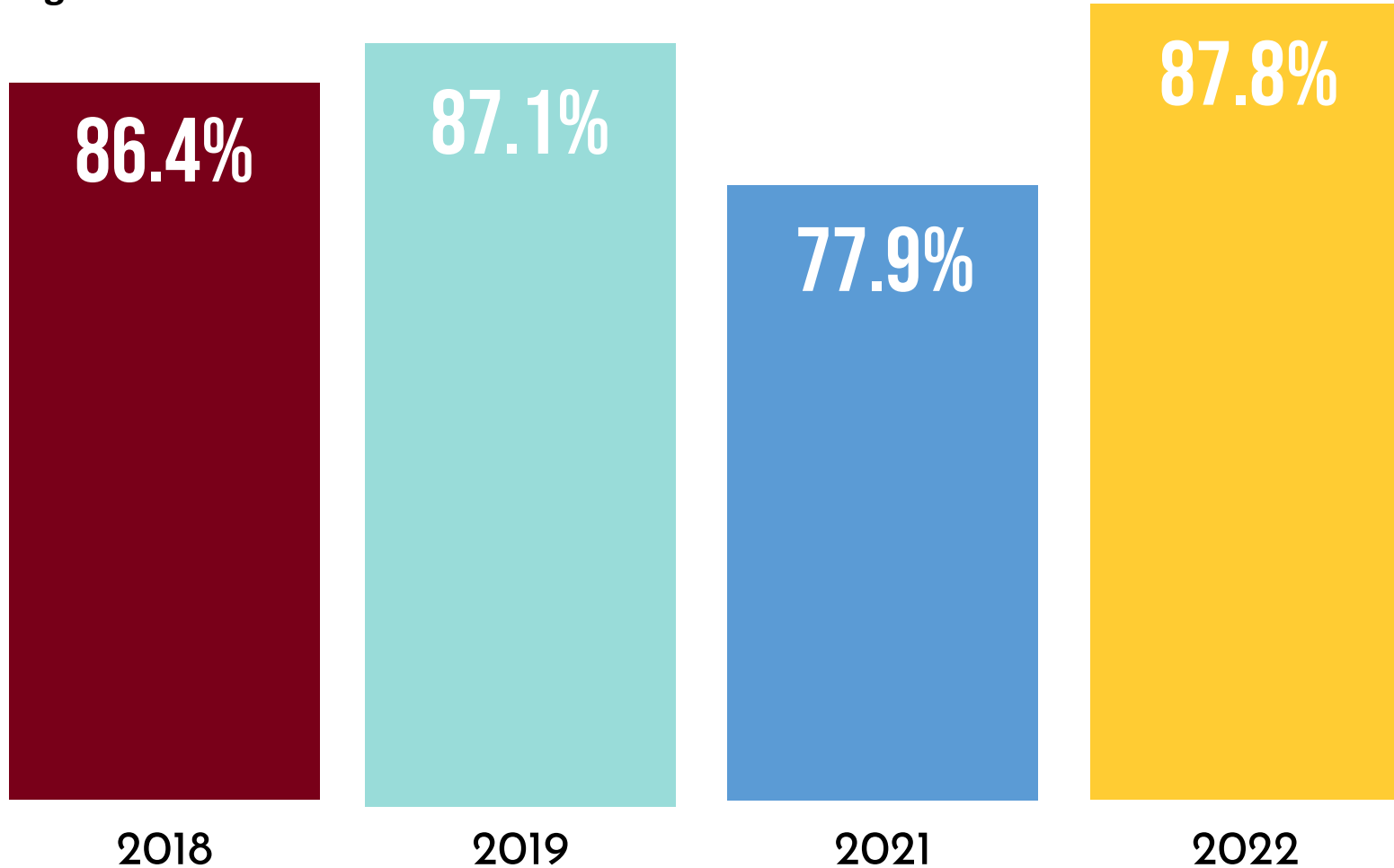
- Strengthen relationships at all levels



Campus Climate for Diversity and Sense of Belonging

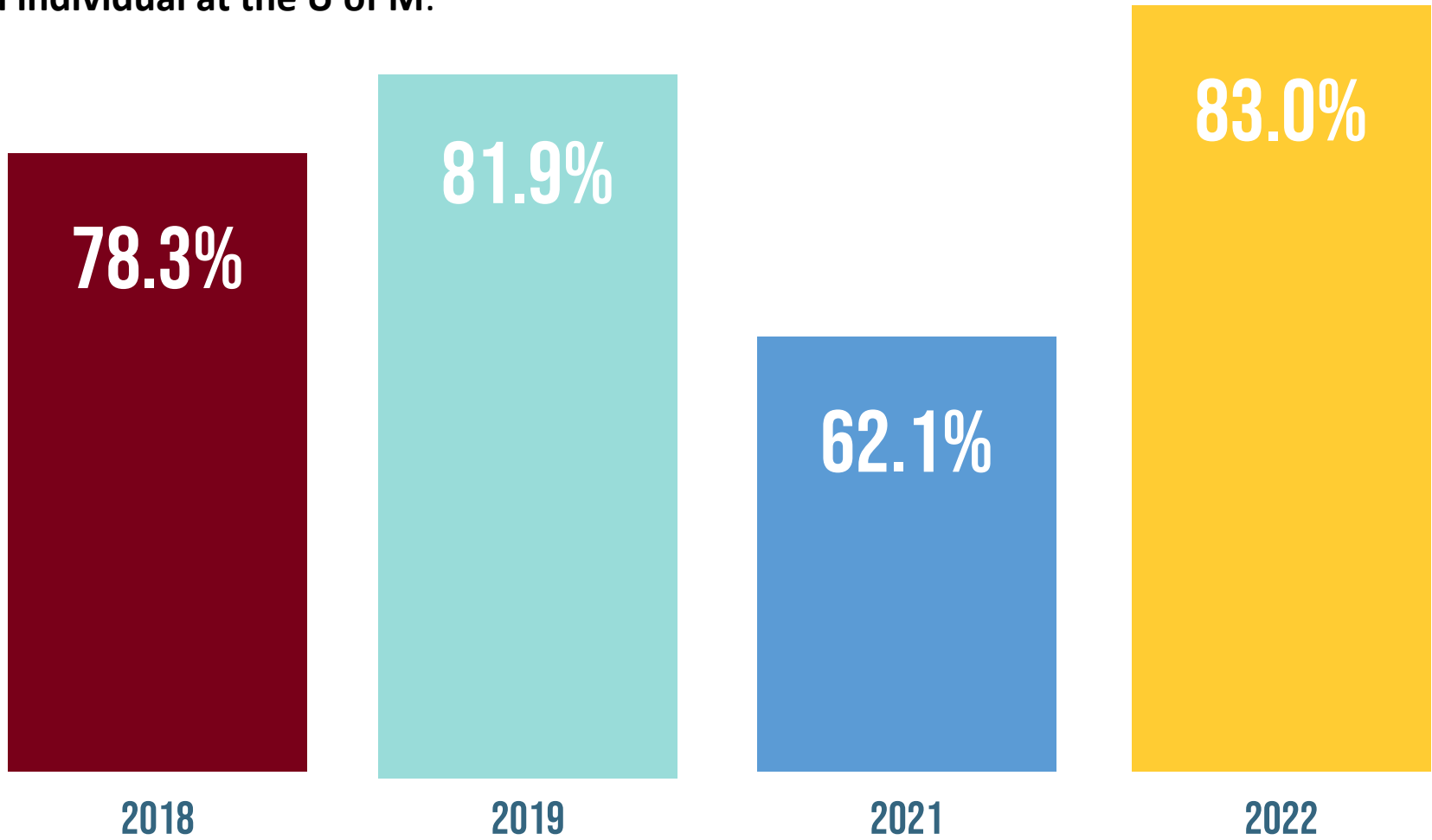
SENSE OF BELONGING OVER TIME

Students that *somewhat agreed, agreed, or strongly agreed* that they **feel that they belong at the U of M.**



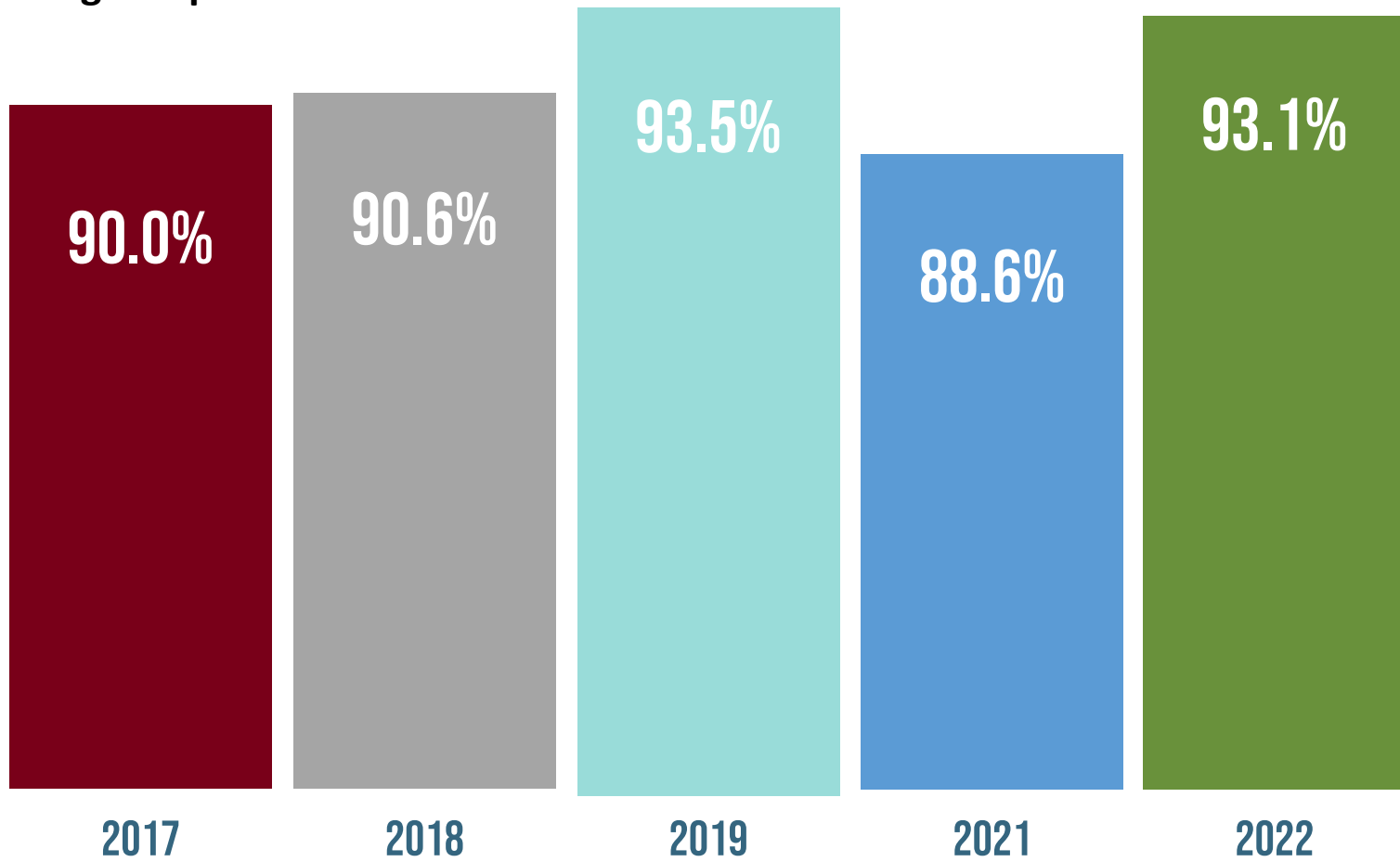
VALUED AS AN INDIVIDUAL OVER TIME

Students that *somewhat agreed, agreed, or strongly agreed* that they **feel valued as an individual at the U of M.**



THE U of M is a WELCOMING CAMPUS

Students that *somewhat agreed, agreed, or strongly agreed* that **the U of M is a welcoming campus**.



Sense of Belonging Focus

- Campus Community
- Interpersonal Belonging
- Academic Belonging

[VIDEO](#)



Office for Student Affairs



OFFICE FOR STUDENT AFFAIRS

- *“OSA advances diversity, equity, and inclusion, enriches the student experience, encourages engagement, and promotes overall positive wellbeing for students.” ~ OSA Mission*
- 20 units; 500 staff and 1,000 student employees



Q&A

Questions?