Age-Friendly University

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Unprecedented Opportunity!

Source: Minnesota State Demographic Center
Paradox

Healthy Educated Diverse

Health, economic & social disparities Pervasive ageism
“Older adults deserve to live in communities that are respectful, inclusive, and free of prejudice or discrimination...to be celebrated for their accomplishments and contributions. The aging of our population impacts every community and culture, and people of all ages should feel confident that they and their families can live vibrant, purposeful lives as they grow old.”

-MN Governor Tim Walz, 12/11/2019
Minnesota’s Age-Friendly Initiatives

AGE to age: bringing generations together
Connecting young people with older adults to build friendship and community
<table>
<thead>
<tr>
<th>Aging @ U of M</th>
<th>Center for Healthy Aging &amp; Innovation</th>
<th>Robert L. Kane Endowed Chair in LTC</th>
<th>Consortium on Aging</th>
<th>Long Term Care Administration</th>
<th>Osher Lifelong Learning Institute</th>
<th>Age-Friendly University Council</th>
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<tbody>
<tr>
<td></td>
<td>Center for Aging Science &amp; Care Innovation (Nursing)</td>
<td>Graduate Interdisciplinary Gerontology Minor</td>
<td>HRSA Geriatric Workforce Enhancement Program</td>
<td>U of M Advanced Careers Initiative</td>
<td>NIA Center on the Demography and Economics of Aging</td>
<td>CMS Research Data Assistance Center</td>
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<td>RWJ State Health Access Data Assistance Center</td>
<td>Upsilon Mu Nu Chapter of Sigma Phi Omega</td>
<td>Aging Studies Interdisciplinary Graduate Group</td>
<td>Fesler-Lampert Chair in Aging Studies</td>
<td>Academic Programs: Nursing, Social Work, Dentistry</td>
<td>N. Bud Grossman Center for Memory Research &amp; Care</td>
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<td>Nursing Home ECHO Hub</td>
<td>Geriatric Case Competition</td>
<td>Public Health Center for Excellence in Dementia Caregiving</td>
<td>Institute on Biology of Aging and Metabolism</td>
<td>Memory Keepers Medical Discovery Team</td>
<td>Senior Citizens Education Program</td>
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<td>UM Extension</td>
<td>University of Minnesota Retirees Association</td>
<td>Alumni Association</td>
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Global network of age friendly universities

• Administered by Dublin City University
• US affiliate = Gerontological Society of America
Global Network in the U.S.
Age-Friendly University of Minnesota

- Established Council
- Mapped AFU principles
- Obtained endorsement from President Gabel
- Sent confirmation to DCU
Age-Friendly UMN Council

- Students
- Center for Healthy Aging & Innovation
- Alumni Association
- Osher Lifelong Learning Institute
- UM Advanced Careers Initiative
- Retirees Association
- MN Northstar GWEP
- One Stop Student Services

Age-Friendly UMN Council
10 Principles

- Encourage participation in core activities
- Promote second careers
- Recognize range of educational needs
- Promote intergenerational learning
- Wide access to online educational opportunities
- Ensure a research agenda on aging
- Teach about longevity dividend
- Enhance access
- Engage with retired community
- Ensure regular dialogue
UMRA’s contributions to Minnesota as an Age-Friendly University

- Professional Development Grants for Retirees
- Monthly forums and workshops
- Volunteer opportunities through University Retirees Volunteer Center
UMRA’s contributions to Minnesota as an Age-Friendly University

- Social, travel, and special interest group activities, including Photo Club, Book Club, Armchair Traveler, and Financial & Legal Issues Group
UMRA’s contributions to Minnesota as an Age-Friendly University

- Representatives and liaisons to Board of Regents, Senate Committee on Faculty Affairs, P&A Senate, Civil Service Senate, Health Care Benefits Advisory Committee, and Alumni Association
1. Do you know of other on-campus resources (on any U of M campus) that the AFU Council should be aware of and/or people we should be engaging?
2. Do you have ideas about what projects or collaborations AFU Council might tackle?
3. Are there other ways that UMRA is supporting the principles of AFU that we have not mentioned?
4. Are there foundations/donors that you are aware of who might support the work of the AFU Council?
5. As undergraduate and graduate students engage in research and projects related to aging, how can UMRA best offer its assistance?